

Heart Of Love

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13 aug 2024 learn about symptoms causes and treatment of cardiovascular disease a term describing a wide range of conditions that can affect the heart

a heart attack occurs when an artery that sends blood and oxygen to the heart is blocked fatty cholesterol containing deposits build up over time forming plaques in the heart s arteries if a plaque

20 jan 2026 heart disease is a leading cause of death you can t change some risk factors for it such as family history sex assigned at birth or age but you can take plenty of other steps to lower your

22 okt 2025 a normal resting heart rate for adults ranges from 60 to 100 beats per minute a heart rate above or below that may signal a health condition

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